





Ms. Hansby
A 89847

PARAGRAPHICAL INDEX
OF
PRIVATE INSTRUCTIONS
IN THE
SCIENCE AND ART
OF
ORGANIC MAGNETISM.

BY
MISS CHANDOS LEIGH HUNT.

(Giving minute Practical Instructions How to Magnetise, Mesmerise,
Electro-Biologise, Psychologise, Hypnotise, Statuvolise, Comatise,
Fascinate, Entrance, &c., &c.)

PRICE ONE GUINEA.

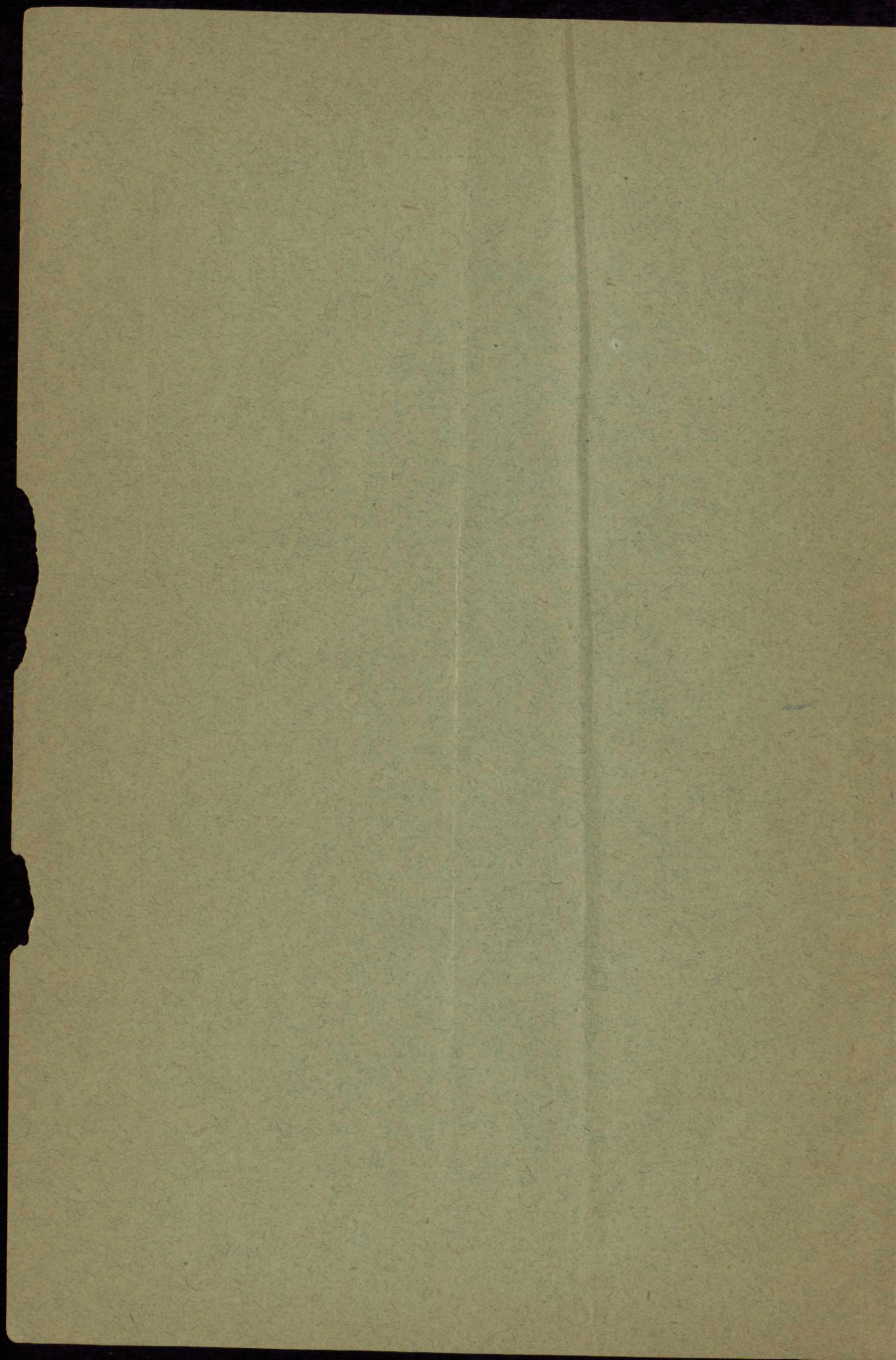
THIRD EDITION.

Revised and enlarged by the Authoress; Critically examined by J. B. KING, Esq., M.D., Surgeon-Major of the Bengal Army, and THOS. DICK, Esq., F.F.S.S., F.R.P.S.; Special, Valuable, and Practical Translations from the French, Latin, and German, by "J. K.," Author of the "Adeptship of Jesus Christ, and other Occult Treatises."

Illustrations by Madame ISABEL DE STEIGER.

(ENTERED AT STATIONERS' HALL.)

LONDON:
PRINTED FOR THE AUTHORESS BY G. WILSON,
67A, TURNMILL STREET, E.C.



PARAGRAPH INDEX TO INSTRUCTIONS.

INTRODUCTORY PREFACE.

1. Rules permitting pupils to make any postal enquiries free of further charge.
 2. Plan and object of the "Instructions."
Reference to "Phenomena and Uses of Organic Magnetism."
By Miss C. Leigh Hunt (*foot-note No. 1*).
 3. Theories excluded from the "Instructions."
 4. Notice of an "Encyclopædia of Organic Magnetism," being prepared by Miss C. Leigh Hunt.
-

CHAPTER I.

ORGANIC MAGNETISM—ITS NATURE.

5. WHAT IS ORGANIC MAGNETISM? THE QUERY ANSWERED.
Quotation from Captain R. F. Burton, F.R.G.S., concerning feline emanations (*foot-note No. 2*).
 6. Of the Magnetic emanation in its active and passive state.
Its subservience to the human *Will*. Its elasticity, docility, and travelling powers. Its dissipation, utilization, and augmentation.
 7. Its capabilities when cultivated and directed by Art.
-

CHAPTER II.

THE DEVELOPMENT OF THE MAGNETIC POWER.

8. THE MEANS. What the *Art* of the Science consists in.
How to test whether your powers are Mental or Physical,
(*foot-note No. 3*).
9. The necessary qualifications of a Magnetiser.
10. RED MAGIC. How to become a Red Magician.
11. WHITE MAGIC. How to become a White Magician.
12. BLACK MAGIC. What it is.

13. How to develop the Magnetic-power in yourself till you are an Adept, or "Wise-man," in Organic Magnetism.
Diet. Hygienic habits. Moral and Mental cultivation. The secret of augmenting and cumulating the Magnetic-power. Man is in a constant state of intoxication, (*foot-note No. 4*).
The cause of the almost incredible degree of development of the Abbé Farie's Magnetic-power, (*foot-note No. 5*).
14. Power of the MAGNETIC GAZE when properly directed.
15. Effect of the "*Evil Eye*."
16. Positive and Negative eyes.
17. How to develop a powerful Magnetic Gaze; to make yourself Unmagnetisable by others; to strengthen the brain and optic nerve; to prevent and destroy all tendencies to hysterical attacks.
18. How to develop the "Inward breathing."
19. How to develop the power of projecting brain-pictures, so that strangers and Subjects may perceive them. The game of "Thinking and guessing." The basis of true oratory.
20. How to develop the power of controlling by Sympathy. A process of Magnetising and De-Magnetising by Sympathy, without Subject's knowledge, (for the drawing-room). Hints for experiments.
21. Kluge's Views.
22. The Physical qualifications of a Magnetiser.
23. Age of the Magnetiser.
24. The Psychical qualifications of a Magnetiser. Caution.
25. The Moral qualifications of a Magnetiser. Caution.
26. The Mental qualifications of a Magnetiser.
27. Faith and strong *Will*.
28. Effect of Magnetism proportionate to the exact knowledge possessed by the Magnetist, (Hufeland).
29. How to employ Nature's Magical Wands.
30. How to fill your hands with the Magnetic fluid, and direct it to fulfil your *Will*. Rationale of passes.
31. Spirit and Intention of Magnetising and De-Magnetising-passes.
32. Spirit and Intention of Longitudinal, Long, "Jarphoonk," and Passes *aux grandes courrants*. 33. Transverse-passes, right and left. 34. Reverse-passes. 35. Local, or Topical-passes; Passes among the Assamese; "Metapon" passes. 36. Frictions and Strokings. 37. Drawing-passes. 38. Repelling-passes. 39. Direct-passes. 40. Head-passes. 41. Communicatory-passes. 42. Lifting-passes. 43. Curative-passes.

44. How to study Magnetism. Rehearse or practise the Gaze and passes daily.
45. How to rehearse the Longitudinal, Transverse and Local-passes. (*Illustrated, see fig. 1.*)
46. How to rehearse the Curative-passes. Rationale of their effect. (*Illustrated, see fig. 2.*)
Use of Warm Insufflations.
How to convince Sceptics of the value of the Curative-passes. Caution: How to avoid transferring the Patients' pains to yourself.
Toothache transferred to the big toe, (*foot-note No. 6.*)
47. Testing susceptibility by passes alone. Change of temperature under Magnetism, proved by the application of a clinical thermometer.
48. Caution. How to rehearse the De-Magnetising-passes. (*Illustrated, see fig. 3.*)
49. How to rehearse the Drawing-passes, the Gaze, and the Magnetic Will at one exercising. (*Illustrated, see fig. 4.*)
Caution.
50. How to rehearse the Repelling-passes. Employment of them when at a distance from Subject. (*Illustrated, see fig. 5.*)
51. How to rehearse the Direct-passes, with contrivance for arriving at perfection. To rapidly familiarise yourself with the positions of the Phrenological organs. (*Illustrated, see fig. 6.*)
52. Head-passes. How and when to employ them. (*Illustrated, see fig. 7.*)
53. Communicating-passes. How and when to employ them.
54. Lifting-passes, and how and when to practise them. (*Illustrated, see fig. 8.*)
55. Peculiar Imposition of hands. Cautions. (*Illustrated, see figs. 9, 10, 11.*)
56. Hints to mothers. Shampooing. The Great Toe Wand.
57. Artificial Wands.
58. Effect of the proximity of the Magnetiser's body upon hæmorrhages.
59. Effect of a Rock Crystal Wand upon a Sensitive, when employed at a distance, and without previous arrangement.
60. Suggestion, Expectancy, Imagination *versus* Will-power.
61. Magnetic-passes patented and sold.
62. How Perkins' Metallic Tractors were successfully employed to cure the diseases of Adults, Infants, and Animals. Who B. D. Perkins was, (*foot-note No. 7.*)
63. The source of all Influences in the Human Mind.
64. How, when, and where to advantageously employ Artificial Wands.

65. How, when, and where to advantageously employ Discs. Objections to Discs, (*foot-note No. 8*). Their intrinsic value.
 66. A simple Process of Controlling.
 67. Where to obtain some correct ideas of the effects of Inorganic Magnetism upon the Human Subject.
-

CHAPTER III.

PROCESSÉS OF MAGNETISING.

68. Magnetising, Mesmerising, Electro-Biologising, Psychologising, Hypnotising, Statuolising, Comatising, Fascinating, Entrancing Processes, &c.
69. "My Own Process" for Public or Private experiments, for one or many individuals. Position of the Subject. Employment of the Discs. Test of the control being genuine. The completeness of this Process renders it curative. Reason for particular position of Subject, (*foot-note No. 9*). Caution upon Accidental Phrenological Manipulation, (*foot-note No. 10*). The organ of Individuality, (*foot-note No. 11*). The Magnetic Voice, (*foot-note No. 12*).
70. My Own Process of De-Magnetising. Position of Ulnar nerve, (*foot-note No. 13*). Position of the Perceptive organs, (*foot-note No. 14*). Minute directions concerning the employment of the Reverse-passes in practice, (*foot-note No. 15*). To remove a headache.
71. Another Process of De-Magnetising, with minute rules. Cause of the Mesmeric Disease. Caution.
72. Dangers of suddenly arousing a Subject. Cautions.
73. A rapid Process of Magnetising a certain proportion of a mixed assembly.
74. Professor Gregory's process of Magnetising.
75. Another process employed by Professor Gregory.
76. Two essential conditions to ensure success.
77. Effect producible by the reciprocal concentrated Gaze.
78. Dr. Darling's process of Magnetising. A number of experiments suitable for platform demonstration. Various methods, (*foot-note No. 16*).
79. Mr. Lewis's process.
80. Captain James's process of Magnetising and De-Magnetising.

Directions for testing whether the real Mesmeric Coma exists.

81. Process employed by Mesmer. Descriptions of the *baquet* and Magnetic chain. Cause of Convulsions, (*foot-note No. 17*).
Description of Dr. Keiser's *baquet*. (*Illustrated, see fig. 12.*)
82. Process employed by the Abbé Farie. 83, by Bruno. 84, by Deleuze. 85, by Billots. 86, by Teste. 87, by Baron Dupotet. 88, by Lafontaine. 89, by Countess C * * *. Caution. 90, by Marquis de Puysegur. 91, by Captain Hudson.
Varying the processes according to discretion, (*foot-note No. 18*).
After effects of apparently futile attempts to influence, (*foot-note No. 19*).
92. Auto-Magnetism; or, Hypnotism: Dr. Braid's process. Origin of the discovery.
93. Remarks on Hypnotism, comparing the results of this process with the results of others.
94. Auto-Magnetism; or, Statuvolism. Dr. Fahenstock's process of inducing and developing Clairvoyance. Minute directions.
95. Process of De-Statuvolising.
96. Remarks on Statuvolism.
97. Processes employed by Gmelin for healing. His Positive and Negative method. The effects of, and how to perform the contracted Digital, single and double Pungal, Marginal, Dorsal, and Palm Manipulations.
98. Process employed by Gassner for Healing. Causing diseases to appear and disappear at *Will* of Magnetiser.
99. Processes employed by Jörden for Magnetising restless, violent, and delirious Subjects.
100. Three experiments by Frederick Hufeland, with two Magnetists and one Subject. Caution.
101. Kluge's minute, and very curious practical Instructions for Magnetic treatment, specially translated for these Instructions. Simple and combined treatment. Dr. Schelling's method of curing obstinate ophthalmia. 102. Drawing off of erysipelas. 103. Reviving from faintness. 104. Inducing sleep.
105. Magnetising by concentration of thought.
106. Law of passes. How and when to employ the Cooling, Warming, and Calming Passes.
107. Manipulation by Contact. Kneading. Method of treatment pursued in the East Indies. In the Australian Islands for curing rheumatism. Manipulations employed

- by the Almazans, or Professional Japanese Magnetisers.
Mechanical and Dynamical Manipulations for Healing.
108. How to perform Manipulation by gentle contact.
 109. How to perform passes at a distance.
 110. How and when to perform the Charging, Compressing, and Fanning Processes.
 111. The Combined Magnetic Treatment. Direct and indirect means of increasing the power of the Magnetist.
 112. The Conductor. Effects of Ideo-electric Wands on Patients.
 113. The Isolatorium.
 114. Electricity. How and when to alternate it with Animal Magnetism.
 115. Method of employing a looking-glass to increase the Magnetic power.
 116. Music.
 117. Methods employed by Tardy de Montravel, Gmelin, French and German Magnetisers and others, for increasing their powers.
Regimen. Caution to Magnetisers.
 118. Magnetic Substitutes. Their capabilities.
 119. How and when to Magnetise Water according to Kluge. To preserve its influence. Processes employed by Professor Gregory, Deleuze, Esdaile, and myself, both for influencing Human beings and Animals.
 120. Kluge's minute Instructions How and When to Magnetise trees, and the kinds to select. How to increase their power, and how to employ them for Magnetising Patients.
 121. How to form the Magnetic chain for Healing and Phenomenal purposes.
 122. To Magnetise by Concentration of *Will*, and by Arrangement.
 123. How to Artificially induce Natural Somnambulism.
 124. How to induce Ecstasy. Cautions.
 125. Introduction to study of extracts of *practical* matter, taken from the Baron Dupotet's Private Instructions for his pupils only, for which he charged 100 francs. (Specially translated for this work.)
 126. Experiment with Precipice *Sign*. (*Illustrated, see fig. 13.*) Notes, Explanation, Cautions, and Advice.
 127. Experiment with *Sign* expressive of contrary *Will*. (*Illustrated, see fig. 14.*) The Baron's explanation. Notes pointing out cause of existing dangers.
 128. Experiment with *Sign* of the two paths of Virtue and Vice. (*Illustrated, see fig. 15.*) Cautions and Suggestions.
 129. Experiment with *Signs*, enabling the Magnetiser to ascer-

- tain his influence upon any individual. (*Illustrated, see figs. 16, 17, 18.*)
130. Two Experiments with *Sign of Magic arrow*. (*Illustrated see fig. 19.*) Caution and advice.
131. Experiment in Magical antipathy with *Sign*. (*Illustrated, see fig. 20.*) Explanation.
132. Experiment with double-arrowed-circle *Sign*. (*Illustrated, see fig. 21.*)
133. Similar Experiment with *Sign and Counter-Sign*. (*Illustrated, see figs. 22, 23.*) Magnetic Daymare. Caution.
134. A fact in Magical Attraction. (*Illustrated, see fig. 24.*)
135. Magical Harmonic *Will-power*.
136. Magical Identification.
137. The Power of Thought.
138. Spiritual creations.
-

CHAPTER IV.

HOW TO BECOME A PROFESSIONAL PUBLIC AND PRIVATE
DEMONSTRATOR OF MAGNETIC SOMNAMBULISM.

139. Advice upon business points concerning giving Public Platform demonstrations of Phenomenal Magnetism. Diet to be taken before giving the Entertainment. How to lash yourself up Magnetically, and make your Gaze powerful.
140. Address.
141. Self-preparation.
142. Inviting the Audience to be experimented upon.
143. Physiognomical, and Phrenological rules for recognising Sensitives, extracted from Dr. Moses Rigg's Private Instructions for his Pupils.
144. My own experience on this point.
145. Professor Gregory's rules for recognising who are Sensitives to certain temperaments.
146. A Test by which you can ascertain, in one minute, who is, and who is not, subject to your influence. (*Illustrated, see fig. 25.*)
147. Method of conducting an Entertainment.
148. Prepared Subjects.
149. How to close the eyes of the audience.
150. How to Magnetically draw a proportion of the audience upon the stage.
151. Caution against violent Subjects.
152. How to treat the Over-Magnetised.
153. Some valuable hints to cover failures, &c.

154. Several cautions.
155. Hints for inventing Experiments.
156. How to make the demonstrations interestingly realistic.
157. Characteristic behaviour of Subjects.
158. The conscious and unconscious stage.
159. Division of Experiments.
160. Experiments in Artificial dreaming. 161. The Belfry. 162. Bat-hunting. 163. The fop discovers himself. 164. The amputated finger; the Surgeon. 165. Lost and surplus arms and legs; both deformities righted. 166. Three legs and one leg. 167. The fop and flirt lovers. Scene. 168. The exposer exposed. 169. Suspension of muscular action. 170. Writhing with toothache, Yawning, Sneezing, &c. 171. The Lady with the beard; Services of the barber. 172. Nutting and bird-nesting. 173. The Countess Higgles-diggles-doggles-doff. 174. Gentlemen laundresses. 175. Snow-balling. 176. The chair being courted. 177. The Ghosts relating their experiences. 178. The rescue. 179. The boat race. 180. Horse soldiers on drill. 181. Playing at mud pies. 182. Cautions.
183. Power of Controlling the Subject's sight, with hints for hundreds of experiments. 184. The garden. 185. Nursing baby. 186. The varying watch. 187. The Magnetic hoop.
188. Power of Controlling Subject's sense of hearing, with hints for the basis of endless experiments. 189. Comic illustration of characteristic behaviour. 190. Caution.
191. Power of Controlling the Subject's sense of smell, with hints to base hundreds of experiments upon. 192. Inability to smell. 193. Water smelling like vinegar. 194. Discussion and disputation among the Subjects. 195. Magnetic pepper and snuff; violent sneezing. 196. Consternation and indignation. 197. Test experiments. 198. Normal powers of smelling restored.
199. Power of Controlling Subject's sense of taste. 200. Flavoured fingers. 201. Physicking. 202. Caution.
203. Power of Controlling the Subject's sense of feeling. 204. The shivering beggar. 205. Princes and slaves. 206. Test experiments. 207. Excitement. 208. The fast and the feast. Cautions. 209. Poor pussy. 210. Laughing and crying at the same instant of time.
211. Power of Controlling the Subject's Voluntary and Involuntary muscles. 212. Over the Voluntary muscles. 213. Almost suspended in air. 214. Cataleptised limbs. 215. Feats inimitable by professional acrobats. 216. How to perfectly and properly De-Cataleptise. 217. Testing

- nerve insensibility. Caution. 218. Proving the intrinsic value of the Passes to the audience. 219. Another illustration. 220. The audience testing the genuineness of your powers. 221. Suspended tones. 222. Caution. 223. Test experiments. 224. Ditto. 225. Caution. 226. The stammerer. 227. The stammerer cured. 228. Testing muscular strength. 229. Experiment proving the increase of muscular strength under Magnetism. 230. Caution. 231. Proof of Magnetiser's power over muscular strength of the Subject. 232. The struggle. 233. Hand-shaking with a vengeance; Caution. 234. The hot ruler. 235. The galvanic battery. 236. Compulsory winding. 237. Nodding. 238. Caution. 239. Unable to move. 240. The pugilist defeated. 241. The defeated jumpers. 242. The human hoop.
243. Power of controlling the Subject's Individuality, with hints for hundreds of experiments. 244. The fretful baby. 245. The young turned old; the old turned young. 246. The lion hunt. 247. Character illustrations of trades and professions. 248. Men representing animals. 249. Men representing machines; comical scenes induced.
250. Power of controlling Subject's memory.
251. The phenomena of double consciousness explained.
252. The Subject speaking of himself in the third person.
253. Being educated in the Magnetic state.
254. How Subjects may be made to retain languages, &c., learned during the Magnetic state, so as to employ them in the waking state.
255. Dangers of suddenly arousing a Subject.
256. On the utilisation of the double-conscious state.
257. How to make amusing experiments over your Subject's memory. 258. Confusion.
259. Power of controlling Subject's Sympathies and Antipathies. 260. Illustrative experiments. 261. Ditto.
262. To develop the Subject's powers of mimicry.
263. Definition of automatic and sympathetic mimicry.
264. How to control the audience by sympathetic mimicry. 265. Cause of your ability to affect almost, if not quite, all your audience. 266. Sneezing and coughing *ad absurdum*.
267. Experiments illustrative of the attentive powers of the Subject. 268. Feats in pronunciation. 269. Feats in singing.
270. The assistance to be gained from music. 271. The effect of music upon the Subjects. 272. How to demonstrate these effects. 273. Music to assist in inducing the sleep. 274. Music to assist in inducing Clairvoyance. 275. Ne-

- cessity of a piano on the platform, and how to make the sounds act Magnetically upon the Subjects.
276. Elegant, novel, and effective conclusion to the entertainment.
277. How to give an entertainment demonstrative of sympathetic sensations. 278. Curious phase of the phenomena. 279. How to illustrate sympathetic taste under strict test conditions. 280. Hints for founding endless experiments upon.
281. Material attraction and fascination.
282. Fascination in the home circle. 283. How to stimulate to moral elevation by Fascinating. 284. Distinction between Material attraction and Fascination. 285. Illustration of Artificial Fascination. 286. Obedience of the Fascinated. 287. Characteristic behaviour of a Subject suitable for demonstrating experiments upon. 288. Experiments.
289. Illustration of Material Attraction.
290. Curious and test experiments illustrative of Material Attraction.
291. A method of instantly inducing the Magnetic state.
292. Making passes Visible.
293. How to place Subjects *en rapport* with bystanders.
294. After effect of promises given during the sleep. Lastingness of Mental Impressions.
295. How to ensure the effect being produced. 296. Experiments.
297. How to prepare Subjects for being controlled at a distance. 298. Contingencies. 299. Value of these illustrations of your power. 300. Caution. 301. The use to which this special power should be applied. 302. How to induce Curative sleep upon Patients at a distance. 303. How to know when your distant Patient sleeps. Caution.

CHAPTER V.

THOUGHT-READING, CLAIRVOYANCE, AND PHRENO-MAGNETISM.

304. The Subject's power to read the Magnetiser's thoughts.
305. The extent of the power.
306. How the thought-reading *rapport* with strangers is established.
307. Why thought-reading is so often mistaken for Clairvoyance.
308. The two easily distinguished.
309. How to prove which faculty is being exercised.
310. How some of the best Clairvoyants are spoiled.
311. How to develop the faculty of thought-reading.
312. Professional advice.

313. How to cultivate your own power of projecting your thoughts and sensations.
314. How to professionally conduct a public entertainment illustrative of thought-reading.
315. Business advice. 316, 317, 318. Experiments. 319. Describing distant persons, their names, profession, &c.
320. How to take advantage of accidental *rapport*.
321. Concluding remarks upon the thought-reading entertainment.
322. Clairvoyance (near and far). Introvision. External Introvision. Sympathetic Clairvoyance.
323. Incipient signs of Clairvoyance.
324. Reference to Statuvolism.
325. How the Mussulmans of India develope Clairvoyance.
326. How to develope Clairvoyance for my own, or the Subject's private use. Experiments.
327. Introduction to the making and employing of magic mirrors, &c.
328. CHARCOAL MIRRORS. 329. The necessary physical condition of the Magnetist when preparing occult mirrors, or circles, for developing Clairvoyance. 330. How to dispose of the Sign till required for use. 331. Preparation for dangerous excitement. 332. Effects of the Magical Mirrors. 333. Baron Dupotet's opinion. 334. Baron Dupotet's own experience of sensations during the consultation of the mirrors. 335. Behaviour of those affected by the mirrors. 336. Necessity of attention on the part of the Magnetist. 337. Baron Dupotet's remarks on the mystery. 338. Further directions for tracing the circle. 339. Cautions.
340. Further instructions how to develope near Clairvoyance. 341. Stages of development. 342. Experiments. 343. Specialities of Clairvoyants. 344. How to develope the Clairvoyant travelling faculty. 345. How to develope the various stages of Clairvoyant seeing. 346. How to develope near Clairvoyance at a distance. 347. Caution. 348. Caution against the distant Fascination of strangers. 349. Caution. 350. How to meet contingencies; Caution. 351. External Introvision; how to develope it.
352. How to conduct an entertainment demonstrative of Clairvoyance. 353. Business advice. 354. How to conduct such an entertainment: Experiments. 355. Private instruction. 356. Further experiments. 357. Extension of the power.
358. How to become a Professional demonstrator of Phreno-Magnetism. 359. How to study Phrenology. 360. Pe-

cularities of Sensitives as to Phreno-Magnetic experiments. 361. How to excite the organs. 362. Cautions. 363. Particular directions for removing the effects of experiments from Sensitives. 364. Value of Phreno-Magnetic experiments. 365. Experiments. 366. How perfection in this branch of the Science is to be attained.

CHAPTER VI.

HOW TO BECOME A PROFESSIONAL HEALER.

367. Notice of coming work.
368. How disease enters and leaves the Human Organism.
369. What Healing Magnetism is.
370. Necessity of pure diet.
371. The extent of the Magnetiser's power over functional and Organic diseases.
372. Advice upon various points necessary to a Professional Healer.
373. Control not necessary for Healing.
374. How to utilise the Magnetic sleep, should it occur to Patients.
375. How to make and practise Warm Insufflations.
376. How to Magnetise gloves, socks, &c.
377. Cold Insufflations.
378. Topical or local Magnetisation.
379. Put all your Patients to sleep nightly.
380. The Rev. T. Pyne's process of Healing.
381. Upward Passes.
382. If hysterical symptoms appear.
383. Process of De-Magnetising, adopted by the Rev. T. Pyne.
384. Magnetised water.
385. How the Magnetiser can isolate himself.
386. The Magnetic emetic.
387. How to treat bilious sickness.
388. Curing by gazing alone.
389. Indian Magnetiser's method of curing tic-doloureux.
390. Transference of pain.
391. The Mussulman's method of treating tic-doloureux.
392. Eye locking.
393. The eye-locker's eyes locked.
394. "A Form" of Magnetic treatment for Healing.
395. Necessity of Discretion.
396. Effect of incomplete Magnetisation, and its philosophy.

397. How to proceed in the event of a crisis.
398. Coporeal contact as a means of Healing.
399. Strokings, Frictions, &c.
400. Cases in which contact is to be preferred to distant passes.
401. To remove headaches.
402. The necessary condition of the mouth to produce healthy saliva.
403. How to apply the saliva.
404. How to apply Magnetic oil.
405. How to produce critical perspirations by Magnetisation.
406. Curing chest affections by Magnetically producing perspiration.
407. The Magnetic Turkish Bath.
408. How and when to shampoo.
409. Tincture of Magnetism.
410. Magnetic oil.
411. How to avoid being infected with the Patient's pains, and how to cure such when incurred.
412. How to cure by Mental Impressions.
413. The law to work upon.
414. How, by Magnetism, to cure squinting.
415. Stammering.
416. Dyspomania.
417. On the power to influence actions in the waking state, by impressions and promises made during the Magnetic state.
418. How to cure periodical fits.
419. How to cure neuralgia.
420. How to control by Mental Impressions.
421. How to arouse by Mental Impressions.
422. How to prevent miscarriage and premature labour.
423. Test of affections of the mind curable by Mental Impressions.
424. Curing Nightmare, Noctambulism, and Sleeplessness.
425. How to curatively treat Rheumatism (acute and inflammatory).
426. Chronic Rheumatism.
427. Gout.
428. Lumbago.
429. Sciatica.
430. Cramps in the legs.
431. Cramps in the abdomen.
432. Goitre.
433. Sleeplessness.
434. Palsy.
435. Delirium Tremens.
436. Epilepsy.
437. St. Vitus's Dance.
438. Tetanus.
439. Fainting.
440. How to treat, relieve the pain, and cause a speedy cure of dislocation of joints, bruises, sprains, and concussions.
441. How to treat, relieve the pain of, and cause a speedy cure of burns, scalds, stings, bed-sores, chilblains, &c.
442. How to curatively treat Rash, Nettle-rash, Erysipelas, and Infectious diseases.
443. Ringworm, Corns, Warts.
444. Milk crust.
445. Whitlows.
446. Ulcers, Boils, Carbuncles, &c.
447. Cancer.
448. Fevers of all kinds.

- 449. How to curatively treat Neuralgia. 450. Hysteria.
 - 451. How to Magnetically remove offensive smells from local affections.
 - 452. How to treat Infants.
 - 453. The reason why Healing Magnetism is not employed universally, a condition these Instructions aim at establishing.
 - 454. How to publicly demonstrate Magnetic Healing.
 - 455. Hints to Professional Healers.
-

CHAPTER VII.

HOW TO CONDUCT AN INSTITUTE FOR PERFORMING SURGICAL, DENTAL, AND MIDWIFERY CASES PAINLESSLY.

- 456. Peculiarities of the trance in which external and internal operations can be performed painlessly, and what the work of a Conductor of such an Institution, established for performing such operations, would consist of.
 - 457. Characteristics of the trance.
 - 458. Qualification of a Magnetiser to produce these effects.
 - 459. How to produce the trance, with full directions when to commence operations.
 - 460. Necessary diet, &c., for the Patient.
 - 461. Painless Dental operations.
 - 462. Practice and experience necessary.
 - 463. Painless Internal operations.
 - 464. Rationale of painless Child-birth under Magnetism.
 - 465. How to induce the state for, and conduct, absolutely painless cases of child-birth.
-

CHAPTER VIII.

HOW TO MAGNETISE ANIMALS AND PLANTS.

- 466. Convincing effects of seeing animals Magnetised.
- 467. How to Magnetise and De-Magnetise Cats. 468. Dogs. 469. Horses. The secret of the "Irish Whisperers."
- 470. How horses are Magnetised and captured by North American Indians.
- 471. How to Magnetise and De-Magnetise fishes. 472. Birds. 473. Goats.
- 474. How the North American Indians Magnetise and then capture Calves.

- 475. The effect of the Human saliva on poisonous snakes.
 - 476. To Magnetise Animals not specified.
 - 477. How to employ Healing Magnetism upon Animals.
 - 478. Effect of Organic Magnetism upon plants.
 - 479. How to Magnetise plants.
Curious influence of Magnetism upon plants, (*foot-note*
No. 20).
-

CHAPTER IX.

INSTRUCTIONS TO SENSITIVES—HOW TO INDUCE AND DEVELOPE
THEIR POWERS.

- 480. Necessity of faith in yourself.
 - 481. Health of Sensitive.
 - 482. Experience with three *Self-Willed* Somnambulists.
 - 483. How to develop Clairvoyance by the process of *Vague Contemplation*.
 - 484. How to develop the power of Direct Clairvoyance, Reading in closed books, and direct unaided Clairvoyance in the Normal state.
 - 485. The effect of Pious Concentration of Thoughts.
 - 486. Lessons instantaneously learnt by heart.
 - 487. Basis of the attainment to the Philosopher's adeptship, and the moral qualifications of a Sensitive.
 - 488. Developing latent gifts.
 - 489. How to develop the power of far and near Clairvoyance in yourself.
 - 490. How to develop the Sympathetic Clairvoyance, and how to read the character of postal correspondence.
 - 491. How to develop the power of seeing emanations from Organic and Inorganic substances, and the value of this power when practically employed.
 - 492. What should be the Diet, Education, and Object of a Sensitive.
-

CHAPTER X.

THE DANGERS OF MAGNETISM.

- 493. The Magnetic Daymare; its characteristics and dangers; how to meet them. 494. Valuable and special translation from Eliphas Levi (the Abbé Alphonse Louis Constant);

- concerning the Magnetic Daymare; sending the Subject to Paradise. 495. Sending the Subject to Hell; Death. 496. The fallen rock; Death.
497. The Death-trance, Spontaneous and Magnetic; how to treat this condition and prevent persons from being buried alive. 498. How to feed a Patient in the Death-trance.
499. The transference of pain; how to prevent this occurring. 500. Illustrative example.
501. Cautions concerning the dangers of Cross-Magnetism. 502. How they are produced. 503. How to avoid the dangers arising. 504. How to treat a Cross Magnetised Subject.
505. Cautions concerning the dangers of Mental Impressions. 506. How to avoid and meet these dangers.
507. Cautions concerning the dangers of Accidental Phrenological Excitation. 508. How to meet these dangers. 509. How to avoid these dangers.
510. Cautions concerning the dangers of the Mesmeric Disease, and how to meet and avoid these dangers.
511. The dangers of Incomplete Magnetisation, and how to avoid and meet these dangers; Rationale of this condition.

CHAPTER XI.

512 to 545 are Miscellaneous Fragments of Recapitulatory Cautions, Curiosities in Magnetism, &c.

List of over one hundred English Works upon Organic Magnetism, and where to obtain them.

N.B.—MS. copies of the whole or parts of Ancient, Modern, English, and Foreign Books, and Rare Manuscripts (which are only obtainable at the British Museum Library,) supplied. Also Music of every description, as well as Tracings of otherwise unobtainable Portraits, Architectural Plans, Maps, &c., &c., &c.

Autographs, Biographical Incidents, Dates, &c., &c., obtained in *fac-simile*

Compilations, Scientific and Historical Research assisted.

Exact Estimates of Cost always supplied, when possible, before the commencement of the work.

For particulars apply to Miss S. SIMPSON, Secretary, Philanthropic Reform Publishing Office, 2, Oxford Mansion, Oxford Circus, London, W.

APPENDIX

(FOR STUDENTS OF ORGANIC MAGNETISM).

APPENDIX

(FOR STUDENTS OF ORAL HISTORY)

APPENDIX.

The following, which explains itself, appeared in No. 471 of *The Spiritualist* :—

MESMERISM.

SIR, J. K. says, in *The Spiritualist* of July 8, 1881, "Looking over portions of the as yet unpublished third edition of 'Private Instructions on Organic Magnetism,' by an eminent lady Magnetist, I find, to my extreme surprise, that although they profess to teach pure Mesmerism, they run altogether into the higher grades of Magic, and that the clue to the *modus operandi* of those Magical performances of the Brothers which are not based on mediumship, is there so practically and scientifically given, that I have come to the conclusion that there is nothing in Magic that is not in Mesmerism, and nothing in Mesmerism that is not in Magic. In fact, the two are one and the same thing. A Magician is but a developed Mesmerist, and a Mesmerist is an incipient Magician. To those who attempt to study 'The natural powers of the soul and how these may be manifested,' I would counsel (in order that they may not be misled by false theories) that they should learn and practise Mesmerism. They will find this important branch of occult science more practically useful for attaining satisfactory results than the Theosophy of the Arya Samaja, and they will get, in the precise Instructions of Miss Chandos Leigh Hunt, more exact information than all India can teach on the subject."

And H. M. states, in *The Spiritualist* of July 22, 1881, "I quite agree with J. K. as to the value of Miss Chandos Leigh Hunt's manuscript, but I should like much to see it printed in good clear type and published. I can also speak as to her readiness to answer all inquiries coming from those who have purchased her manuscript. Some of her experiments on animals I have put to the test with curious results."

I desire to thank both J. K. and H. M. for thus kindly mentioning my Private Written Instructions on "Organic Magnetism" for pupils, but wish to explain that those who have the second edition are not in possession of the occult work spoken of by J. K., as that is the unpublished manuscript of the third edition containing all valuable matter to be found in the previous first and second editions, but possessing over and above so much indirect practical information concerning occult philosophy, that the two editions are in no wise identical. I also wish to state that the third edition will be issued in print instead of lithography, at the urgent request of so many pupils.

September 2nd, 1881.

CHANDOS LEIGH HUNT.

A few Pupils' Testimonial Letters, concerning the *Second Edition* of Miss Chandos Leigh Hunt's "Instructions in Organic Magnetism":—

118, *West Chester Park,*
Boston, America.

November 10th, 1876.

DEAR MADAM,

PERMIT me to express my warm admiration of the very able and exhaustive manner in which you have treated the subject of Vital or Organic Magnetism in your Written Instructions.

Amongst the numerous treatises on this subject it appears to me that yours is, *par excellence*, the most thoroughly practical, clear, and forcible of any I have ever read, and I can hardly understand how any really painstaking student of ordinary intelligence can fail to be successful by following such admirable instructions.

With sentiments of high appreciation,

Believe me,

Dear Madam,

Sincerely yours,

EMMA HARDINGE BRITTEN.*

35, *North Street, Brighton.*

December 1st, 1876.

I HAVE read Miss Chandos Leigh Hunt's "Instructions in Organic Magnetism," with very great pleasure. They are clearly expressed, full of information put in the most condensed form, and arranged on a plan which makes reference to any particular point simple and easy. The Treatise, as a whole, affords a perfect example of the essential characteristics of a Magnetiser, and especially of a Magnetic healer. The Authoress is evidently an enthusiast in her profession, and has made herself thoroughly acquainted with the works of those who have laboured in the same line before her. Having found out by her own practice where to improve upon that of others, she places a careful, concentrated, and eminently practical digest of the whole subject at the command of her pupils, with a generous and unselfish completeness which is very rarely met with. Finally, while pointing out how all the good possible may be done by the resources of her art, she calls attention to the importance of taking care that the precautions necessary to ward off injurious effects from the Subjects who may be treated shall be observed; often enough to attract

* Authoress of Art Magic, &c., &c., &c.

the attention of the most careless. The Treatise altogether is a remarkable production, and cannot fail to earn a reputation for its authoress wherever it is read.

J. B. KING, M.D.,
Surgeon-Major, Bengal Army (retired).

15, *Duke Street, St. James's.*
October 31st, 1876.

DEAR MISS LEIGH HUNT,

I HAVE great pleasure in bearing testimony to the worth and utility of your "Instructions in Animal Magnetism." They will be found invaluable to all classes of Investigators into this greatest of all natural sciences,—being clear, copious, and comprehensive. Evidently the result of careful study and practical research, they impress upon the beginner not only the great benefits that may be derived from the use of this powerful agent, but also warn him of the dangers of its abuse in incompetent hands. Not the least interesting part of these Instructions is that which treats of the origin and cure of diseases; and this, so novel, and withal so true, may be pondered over with advantage by the most experienced and advanced practitioners. Hoping your labours will meet with the success they so much deserve.

Believe me,
Yours very faithfully,
ALFRED J. SKILBECK, F.R.G.S.

71, *The Lawn, Winchester.*
July 3rd, 1881.

DEAR MADAM,

I HAVE great pleasure in expressing my high appreciation of your "Written Instructions in Organic Magnetism." They are not only unique, but are so clear and full, that the simplest can understand them, and at the same time so exhaustive, that however well versed in Mesmeric Literature one may be, they cannot fail to learn much that is useful. Frankly, I shall recommend them to every one interested in the Science. You are at liberty to make what use you please of this testimony to the worth and utility of your admirable exposition of Magnetism. In fact, words are inadequate to express their full value.

Believe me,
Dear Madam,
Yours sincerely always,
J. WILLIAMS ASHMAN.

3, *Bootham, York.*
November 22nd, 1876.

DEAR MADAM,

I BEG to acknowledge the receipt of your "Private Instructions in Organic Magnetism."

I am quite delighted with them. They are not only voluminous and interesting, but thoroughly practical, and show that you have compiled them with an earnest desire to give your pupils the full benefit of your large experience.

I shall have pleasure in recommending your "Instructions" to any one who desires light on the subject.

I am,
 Madam,
 Yours respectfully,
 S. W. WILSON.

The following are a few extracts from Pupils' letters concerning the Second Edition, and were not written for publication. The originals can be seen upon application.

From T. Dick, Esq., F.E.I.S., F.R.P.S., *15th December, 1880.*

HAVING had the privilege of studying Miss Chandos Leigh Hunt's "Private Instructions in Organic Magnetism," I have much pleasure in testifying to their value. They contain a great amount of valuable and interesting matter, are eminently practical in their design, and will be found an excellent guide to the practice of Magnetism, whether curative or phenomenal.

From a Consul General, *London, 8th December, 1876.*

I AM extremely obliged to you for your valuable "Instructions in Organic Magnetism." I consider them to be the most concise and practical guide, containing the clearest and most complete exposition extant on the subject. I regret not to have applied for them before, as they would have saved me a great deal of time, money, and pains expended in perusing other works, which, though exhaustive and voluminous, contain not one-tenth part of the practical information with which your valuable Written Instructions abound. I am convinced that if, with such a guide, I should not be able to become a Magnetist, the fault must be in myself.

From E. G., French and German Translator,
12th December, 1880.

You will, no doubt, remember what I on one occasion made

free to say, and what I would have gladly have written long ago, but for the insignificance of my name, viz.: that I value your Instructions on "Organic Magnetism" more than all other works on the same subject put together, including those I have read at the British Museum, seeing that your book contains real practical information and deep thought, and no mere hypothetical speculations of problematical value, like the other treatises extant.

From Peter Davison, Esq., author of "The Philosophy of Man," &c., to a pupil who had lent him the Instructions.

I HAVE just copied nearly the half of Miss Leigh Hunt's Instructions. Very succinct, and quite a *multum in parvo* of information. A mine of wealth.

From W. H. B., *Scarboro'*, 24th October, 1878.

P.S.—I may add that your Instructions in Organic Magnetism are worthy of my recommendation. Should you, therefore (at any time), require reference, I am at your command.

From G. de C., *Jersey*, 24th February, 1878.

As regards the value of your Instructions, if I am to judge by the first experiment, they are invaluable. A gentleman from the North of England is spending a few months with us, and has been subject for the last twelve months to violent fits of coughing, when getting out of bed in the morning, and while dressing. I carried out your Instructions, and Magnetised him while in bed, and the consequence was he had no coughing fit, the first time since twelve months. I renewed the experiment this morning, with the same result.

From W. H. S., *Heckmondwick*, 27th April, 1879.

It gives me great pleasure to bear testimony to the efficiency of your Postal Instructions in Organic Magnetism. It is now a month since I have received them, and I have read them several times carefully through. I am pleased to say, although so very voluminous, yet in minuteness of detail, they are so perfectly plain, that no one can fail to clearly understand them; indeed, they are remarkably clear and precise, and I am thoroughly well satisfied with them.

From T. W., 19th June, 1878.

I HAVE much pleasure in acknowledging the receipt of your written Instructions. I am much pleased with them, and consider them invaluable, as they not only give the *pupil* necessary Instructions how to become a Mesmerist, but are instructive to others. The Instructions are given in such clear and precise terms as to help the pupil far better than the reading of any number of books on the subject.

From J. B. F. G., *Grahamstown, New Zealand*,
10th February, 1877.

I HAVE received, and am studying your Instructions. Thanking you for your punctuality, as a correspondent, I must admire you for your ability as an authoress, exemplified in your handling, explaining, and expounding, in so masterly a manner, a most difficult scientific subject. Your Instructions are the most lucid and comprehensive that I have ever met with; so now, Madam, allow me to thank you for your punctuality, and admire and esteem you for your ability.

From M. J. F., *New Southgate, November 20th, 1876.*

I CONSIDER your Instructions on Magnetism very wonderful, both as regards their great research and minute particulars. They are not only very interesting for amusing phenomena, but particularly useful for curative purposes, which has hitherto not reached the attention of the Medical world, and it is mostly to be appreciated, in my humble opinion, because it places a curative agency in any one's own household. I am altogether very much pleased with it, and beg, at the same time, to congratulate you on the success of your deep study, and the clearness with which you give it to your pupils.

From J. C., *Huddersfield, November 26th, 1876.*

As I told you, I could Mesmerise before applying for your Instructions, but I find I can do very much better now, with a much less expenditure of power. Your method of controlling is a very good one, and saves time, &c. The Instructions altogether contain a large amount of useful and highly interesting information which I should be sorry to be without. I have been very busy Magnetising, and have far more than I can manage. Some very bad cases of madness, fits, paralysis, &c., with which I have been very successful.

From A. H., *Manchester, March 25th, 1879.*

THE Instructions in Organic Magnetism came safely to hand, and they do certainly contain all the information I expected or desired. That part which teaches how to cultivate the gaze, and thus acquire more firmness and determination of character, is extremely valuable, also that which teaches us how to call up before the mind mental pictures, is also of great use and value, as well as the information how to Magnetise trees, plants, and animals.

But the noblest and highest uses of Magnetism consists in its powers as a curative and remedial agent, and herein will consist its principal application in the future, as men and women come to realise the power of mind upon mind, and soul upon soul, in the alleviation of human suffering, and from this standpoint alone, I think all your pupils will agree that by the issue of your Instructions in Organic Magnetism, you will have conferred a great and lasting benefit upon humanity.

From J. Y., *Pimlico* (not dated).

THE written pages of yours that I have before me will interest and thoroughly instruct any person who intends to study and practise the Art. They are invaluable, for the simple and easy style in which they are written, and will enable the most plainly educated person to grasp their teachings, while the thoroughly scientific and original manner in which your system is conducted cannot, I feel sure, but make any person a first-class Magnetiser. They are written in such a broad style as to suit every temperament, and every organisation, while every condition is explained. There are very many points which I think are new and original. In short, I think your work the most lucid ever written upon the subject.

“J. K.” in his powerful Articles on the “Adeptship of Jesus Christ,” which are now being translated into German, Italian, and French, says :—

The following extract from the Third Edition of Miss Chandos Leigh Hunt's excellent and most valuable “Private Instructions on Organic Magnetism” will give a scientific description of the Soul Power, and the means to attain thereto :—

“*En passant*, Black Magic is (in part) the art of applying the Science of Magnetism to the obtaining of worldly riches, and to the influencing of persons to obey your Will, with results injurious to themselves. This part of the art I do not teach.”

And I am exceedingly pleased to hear it. For if my accomplished friend were to teach Black Magic, she would teach it most effectively, and we should live in constant terror, as not one of us would be safe.

In another part the gifted Lady Magnetist says:—"My intention is to explain in as clear and concise a manner as possible, every class of phenomena resulting from the Magnetic State, and how best to induce these phenomena and develop them to their greatest value. * * * To indicate the many dangers which often arise through ignorantly tampering with the human organism, and to give full instructions how to avoid and meet any contingencies which may arise."

Whoever is desirous of more of the scientific and practical information on this Occult subject, I heartily recommend the acquisition of the invaluable work that I have just quoted, while those who are by locality favoured, should not fail to get personal instruction.

In the *Medium and Daybreak*, No. 594, Vol. XII., appeared the following notice:—

Miss Chandos Leigh Hunt has nearly ready a new edition of her Instructions to Students of Mesmerism. It is said to be the finest collection of practical information on the subject that has ever been offered to the student. This time it will be given in printed form, price one guinea. All purchasers will be regarded as pupils, and have liberty at all times to apply for further instructions upon difficult points. Between now and Christmas, Miss Leigh Hunt proposes giving a course of ten practical Lectures from the MS. of her Instructions. Should a sufficiently large class be obtained, the fee for the course will be the nominal sum of one guinea. Her usual terms for three private lessons, is three guineas, so that this proposed class affords great advantage to those who delight in a good bargain. The names of intending students in class, or subscribers for the Instructions, may now be sent in.

In No. 601, Vol. XII., of the same paper, we read:

A gentleman residing in Scotland, of great literary experience and profound knowledge of Magnetical science, writes a letter, from which we make the following extract:—

"I HAVE reviewed the MS. most carefully.

"After expounding the fundamental principles of Organic Magnetism, it proceeds to explain in clear and intelligent language how

the Science may be applied both phenomenally and medically. Embodying as it does all the latest and best known methods for the production of Mesmeric experiments, and for the cure of disease, it will be found the best and most complete Manual extant, for the practice of Magnetic phenomena. Her treatment of the subject shows that Miss Hunt is thoroughly versed in the Science, and pre-eminently qualified to teach it in all its phases. Therefore, I would strongly recommend all those who wish to learn the Art and Science of Animal Magnetism, not to lose the opportunity of attending her class, about to be produced on the 12th inst."

The following letter is from a resident at Brighton :—

"IN spite of the many recommendations that Brighton possesses, as a place of residence, there are times when I long for the opportunities that London alone can give. I feel this more strongly just now, than I have done for some time past, owing to my ardent wish that I could attend the course of Instructions that Miss Chandos Leigh Hunt is going to deliver. The acquaintance possessed by this gifted lady with the subject of Magnetism, is probably the most extensive ever attained by anyone who has been willing to place it at the disposal of the public. To the knowledge gained by the most indefatigable research into every book that has been written on Magnetism, under its many and various names, she has added the power of insight (only attainable by the few), given by the development of a pure mind, by study, by the highest purpose, and by the strictest vegetable diet. The interior state thus reached, can be best appreciated by those who have worked in earnest on the same lines, for the cultivation and purification of soul power, and I was greatly pleased to observe the high value set upon Miss Hunt's former set of Instructions, by 'J. K.,' from whom praise is praise indeed. Such a mind as hers must ever go on progressing, and the opportunity of attending the promised course of lectures, is a high privilege, which I shall ever regret that I cannot share."

A lady who has made herself well acquainted with the system, thus writes of it :—

"To the Editor.—Dear Sir,—I see from notices in the *Medium* that Miss Chandos Leigh Hunt purposes 'letting her light shine before men' once more.

For nearly three years, owing to domestic engagements, she has been prevented from speaking to, or teaching the people—but as her heart is in this same, she has at last resumed her rightful work. And I for one hail her with—welcome! My only regret is that I could not have heard her lecture at Goswell Hall, on Sunday, or attend her classes on Magnetism, which I see are to

commence on the evening of the 12th, at her own house, 13, Fitzroy Street.

To hear this lady once, is to wish to see and hear her again, and her instruction classes are bound to be interesting in the extreme. A fuller entering into the subject, than is sketched out in the circulars issued, could scarcely be conceived, and I envy those who have the privilege of attending.

Your late papers by 'J. K.', are certainly fascinating, but as a 'Mechanic' this week remarks, they require an 'initiated' to understand them in all their depth. At Miss Chandos Leigh Hunt's classes much light is thrown on the subject—for, as 'J. K.' himself acknowledges, 'Occultism' and 'Magnetism' are one and the same thing, and in her hands all will be explained and made simple to much more childlike minds than even that of a 'Mechanic.'

In No. 602 of the same paper, the success of these classes was announced.

MISS CHANDOS LEIGH HUNT'S MAGNETISM CLASSES.

WE are pleased to report that this class is a success. About forty attended the first lesson on Wednesday evening, and a number more have joined, who will be present at the second lesson, next Wednesday, having privately arranged to receive the first lesson. The members of the Class being composed of highly intellectual ladies and gentlemen, some having been practisers, students, and writers upon Magnetism for many years, as well as those who are not acquainted with even the elements of the science, it is anticipated that the questions which will be posted to Miss Leigh Hunt, to be replied to on next Wednesday will elicit most interesting and valuable instruction. This Lady's work may be looked upon not only as a revival, but as an epoch in the history of Organic Magnetism.

The answers to those questions which elicit most interesting matter appear in *Light*.

APPENDIX.

INTRODUCTION TO THE THIRD EDITION OF MISS CHANDOS LEIGH HUNT'S INSTRUCTIONS IN ORGANIC MAGNETISM.

1. By studying the synopsis of these Instructions their plan of arrangement will be made plain to you. There is also an Index, with numbers bearing reference to the paragraphs, which will facilitate any future enquiries. All questions will be answered with pleasure, free of any further charge, providing they are made during the first fortnight after you have become my pupil, but beyond that period I make a charge of 5s. per letter. Of course, these rules strictly refer to letters containing *questions* upon the subject of Magnetism, and have no bearing upon other correspondence. Kindly number your questions, and leave a blank on the opposite side of the sheet for my reply, and always give the number of the paragraph you do not understand, and also enclose a stamped directed envelope.

2. My intention is to explain in as clear and concise a manner as possible, every class of phenomena resulting from the Magnetic state,¹ and how best to induce these phenomena, and develope them to their highest degrees; to indicate the many dangers which often arise through ignorantly tampering with the human organism; and to give full instructions how to avoid, and meet any accidental contingencies which may arise.

3. Theories I carefully exclude, as they are too numerous for a work so condensed as this is, and would be out of place, as "Instructions" should be *practical*, and not *theoretical*.

¹ My Pamphlet upon "All the Known Uses of Organic Magnetism," treats this section of the subject fully.

APPENDIX.

4. I am preparing an Encyclopædia of Organic Magnetism intended to be of such a nature that, if every work upon the science were destroyed, the most interesting and valuable information contained in them would still be extant. Portions of this volume will from time to time appear in the *Medium and Daybreak*. Such a compilation is really wanted, and is the only kind of work in which theories could be properly dealt with.

This Encyclopædia, alluded to above in paragraph 4, has been already begun. In No. 596 of the *Medium and Daybreak*, the following notice appeared:—

GOOD NEWS FOR STUDENTS OF MAGNETISM.

Miss Chandos Leigh Hunt has over a hundred works on Animal Magnetism already in hand, and is daily collecting more, from which she will take extracts, and make notes. The information thus afforded to students will be invaluable. The whole will form a compact summary of literature worth as much to our readers as though they had been presented with a library. This Lady's capability to carry out the task renders it doubly appreciable.

PRIVATE PERSONAL INSTRUCTIONS IN ORGANIC MAGNETISM,

BY

MISS CHANDOS LEIGH HUNT,

Given at her own Residence, 2, Oxford Mansion, Oxford
Circus, London, W.

Terms, Three Guineas.

For further particulars, address as above, to Miss S.
Simpson, Secretary.

Works by MISS CHANDOS LEIGH HUNT (MRS. WALLACE).

PRACTICAL INSTRUCTIONS IN THE SCIENCE AND ART OF ORGANIC MAGNETISM. Third Edition. Paper cover, price One Guinea ; bound in a superior manner in half morocco, 4s. extra ; in French morocco, with highly finished double lock and key, 6s. extra ; in best Persian or best morocco ditto, 8s. extra. (Paragraph Index and Press Opinions forwarded upon receipt of stamped directed wrapper.)

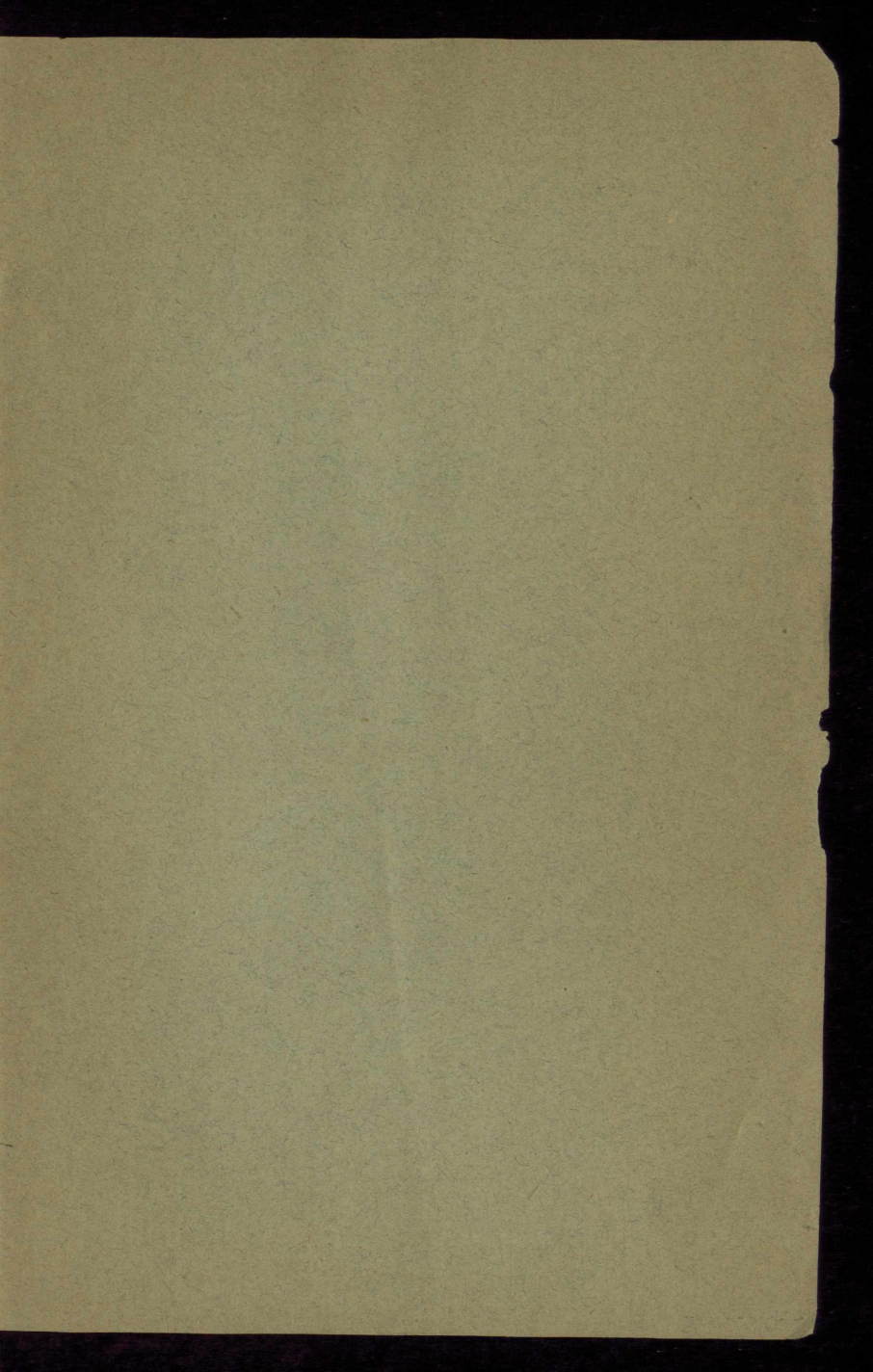
HOME CURE AND ERADICATION OF DISEASE. Tastefully bound in cloth, price 3s. 6d., by post, 3s. 8d. (Synopsis forwarded upon receipt of stamped directed wrapper.)

VISIBILITY INVISIBLE, INVISIBILITY VISIBLE. A New Year's Story, founded on fact. 78 pages. Paper cover, price 6d.

VACCINATION BROUGHT HOME TO THE PEOPLE. A Lecture containing most valuable historical, statistical, and other information upon the subject. 44 pages. Post free, 5d.

366 MENUS, each consisting of a Soup, a Savoury Course, a Sweet Course, a Cheese Course, and a Beverage (with all their suitable accompaniments), for every day in the year. No dish or beverage being once repeated, all arranged according to the season, and without the introduction of Fish, Flesh, Fowl, or Intoxicants, with "A Cooks' Guide" for the production of the dishes ; and a Receipt for unraised, unfermented griddle bread. Elegantly bound in cloth, 160 pages, 8vo, price 3s. 6d., by post 3s. 9d.

PHILANTHROPIC REFORM PUBLISHING OFFICES, OXFORD MANSION,
OXFORD CIRCUS, W.





366 MENUS

EACH CONSISTING OF

A SOUP, A SAVOURY COURSE,
A SWEET COURSE, A CHEESE COURSE, and
A BEVERAGE,

(WITH ALL THEIR SUITABLE ACCOMPANIMENTS)

FOR EVERY DAY IN THE YEAR

*No dish or beverage being once repeated, all arranged according
to the season, and without the introduction of*

FISH, FLESH, FOWL, or INTOXICANTS,

WITH

— † — “COOK’S † GUIDE,” † —

BY

MRS C. LEIGH HUNT WALLACE

Authoress of “Physianthropy; or, the Home Cure and Eradication of Disease,” etc.

Elegantly bound, in cloth, post 8vo, 160 pages, Price 3s. 6d., by post, 3s. 9d.

LONDON: MRS. C. L. H. WALLACE,

Philanthropic Reform Publishing Offices, Oxford Mansion, Oxford Circus, W.





